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THE OUR FATHER

A Healing Prayer

Introduction

The Prayer the Lord had given to the disciples is still powerful for today. It is a pattern set out to help us become effective in prayer, to experience answers and to receive healing, spirit, soul and body. My prayer is that as you read and meditate on God's holy Word, you will be made whole. ENJOY!

Our Father.

Our relationship with our Heavenly Father is a key to emotional psychological and physical health. When

that relationship is healthy or reconciled, it can open a whole wide range of healing in body, mind and spirit. Receiving the promise of the Holy Spirit leads to healing as we embrace Abba(Daddy) Father's love and allow His love to embrace us and heal us. Receiving the Baptism of the Holy Spirit is the beginning of the healing process. It is the promise of the Father.

Act 1:4

And, being assembled together with them, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father.

Certainly the biggest gripe a child can have with a father is their inability to follow through or keep a promise. As Pastor Laurie has taught; God blesses along lines of authority and priorities. A healthy relationship with God the Father through the Holy Spirit is paramount in healing and maintaining divine health. Perfected love casts out fear. Fear has torment and can be arrested in the arms of a loving, Heavenly Father and loving relationships in the body of Christ.

1Jo 4:18

There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that fears is not made perfect in love.

In Heaven.

When our earthly fathers have been less than perfect or even hurtful, the Holy Spirit gives us the experience

of union and communion with “Abba” Father. Many struggle with receiving from our Heavenly Father due to a poor or abusive experiences with and earthly father. Through forgiveness and repentance of any anger or resentment, major changes can come.

Our restoration or reconciliation with our natural fathers can help us open up of our Heavenly Father’s eternal love which heals, delivers and restores. Our There are times relational restoration may not come. As long as we settle in our hearts to forgive, God can work with that and provide the miraculous. Anger and resentment, block the flow of the heavenly Father’s love and power.

Mat 6:15

But you do not forgive men of their trespasses, neither will your Father forgive your trespasses.

God is truly a Father to to Fatherless. In heaven, there is no sickness and disease, no poverty or lack, no jealousy, envy, fear, anxiety or stress.

Rom 8:15

For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.

Rev 21:4

And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

Holy is Your Name.

God's name is representative of His Character. A good name is better than great riches. We honor His name in worship. Worship the primary call of the believer. The Father seeks those who will worship from the heart based on His Word. God is spirit and seeks those who will worship Him in spirit and truth.

Jhn 4:23-24 NKJV

"But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him. "God is Spirit, and those who worship Him must worship in spirit and truth."

When we worship we honor must honor His name. His name. As we honor His name we bear his power and personality. Holiness means uniqueness. Worship is the number one priority of the believer. Our first ministry is to the Lord! We are given several names that describe the very nature of God. Here are a few.

Jehovah Jirah= The Lord provides (Gen 22:14)

Jehovah Rapha= The Lord our healer (Ex 15:26)

Jehovah Shammah= The Lord Ever Present (Ez 48:35)

Jehovah Tsidkenu= The Lord our Righteousness(Jer 23:6)

Jehovah Nissi= The Lord our Banner. (Protector of identity and borders) (Ex 17:15)

Jehovah Shalom= The Lord Our Peace (Heb 13:20)

Jehovah Raah= The Lord our Shepherd (Psalm 23:1)

Your will be done

This is the second most important prayer of the believer. This prayer leads to a life of consecration and commitment to the plan of God for our lives. Rebellion and disobedience is costly to the believer. God is a good Father and knows what we are built for and created for. The talents and gifts we have are from Him. We should yield our selves to his perfect will. Sin has a wage of death.

Rom 6:23 NKJV

For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

Sometimes the wages of sin manifests through spiritual impotence, physical sickness or emotional / mental weakness.

1 Cor 11:27-30 NKJV

Wherefore whosoever shall eat this bread, and drink this cup of the Lord, unworthily, shall be guilty of the body and blood of the Lord. 28 But let a man examine himself, and so let him eat of that bread, and drink of that cup. 29 For he that eats and drinks unworthily, eats and drinks damnation to himself, not discerning the Lord's body. 30 For

this cause many are weak and sickly among you, and many sleep.

Your kingdom come.

We must invite God's kingdom order into our lives. It will not just happen. He stands at the door and knocks. We must let Him in.

Rev 3:20 KJV

Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.

Usually this will come with some violence or backlash. Many avoid this prayer because they fear confrontation.

Mat 11:12 KJV

And from the days of John the Baptist until now the kingdom of heaven suffers violence, and the violent take it by force.

When God sets up His kingdom in our hearts, there is no place for any other king, kingdom or lovers in our life. He is a jealous God.

Deu 4:24

For the LORD thy God is a consuming fire, even a jealous God.

Once His kingdom is set up, the results are righteousness, right order or rightness/peace in spirit, mind and body. Yes, we have been transferred from the kingdom of darkness into marvelous light in Christ, but we must claim and maintain that status as heirs of God and joint heirs with Jesus Christ!

Col 1:13 KJV

Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son:

Rom 8:17

And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.

According to Romans 14:17 The Kingdom of God is “Righteousness, Peace and Joy in the Holy Spirit.” We must renounce spiritual pride, self-righteousness, anxiety, and fear. We must make the choice to rejoice. That is the kingdom. Repentance will be in order if things are out of order in our lives. Only then can His kingdom take up residence in us and around us.

Rom 14:17

For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost.

On earth or in earth as it is in heaven.

We acknowledge that it is God's perfect will to bring heaven to earth. Is there sickness in heaven? Is there poverty in Heaven? No of course not! I say on earth and in earth because both are true. He wants us to ask for kingdom order in our neighborhoods jobs and politics. He also wants kingdom order in our bodies (earthen vessels) and pocketbooks.

Mat 6:10 KJV

Your kingdom come. Your will be done in earth, as it is in heaven.

As was said already, when the kingdom of God invades any area of our lives the result is righteousness, joy and peace in the Holy Ghost. Righteousness brings peace of mind and favor with God and Man. Peace brings prosperity in body, soul and finances. Joy brings healing and strength to the body and soul. A merry heart is good like medicine. A sound heart is life to the flesh

Neh 8:10 NKJV

Then he said unto them, Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared: for this day is holy unto our Lord: neither be sorry; for the joy of the LORD is your strength.

Pro 17:22 NKJV

A merry heart does good like a medicine: but a broken spirit dries the bones.

Pro 14:30

A sound heart is the life of the flesh: but envy the rottenness of the bones.

Give us today our daily bread

“One day at a time sweet Jesus” as the song goes. We are promised enough for today. We are not to live in the future or the past for that matter. Faith only works in the now. The future constitutes hope. Meditating on the past often yields unbelief and despair. The Father has good plans for us.

Jer 29:11

For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.

We must reject worry and fear over the future and pray. We must be anxious for nothing but by prayer make our request known and overflow with thanksgiving.

Phl 4:6 KJV

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Our bread is The Word of God. One Word can change everything. We do not live by bread alone but by every Word that comes from the mouth of God.

Luk 4:4 KJV

**And Jesus answered him, saying, It is written,
That man shall not live by bread alone, but by
every word of God.**

We are called to wait at wisdom's gate daily. If we ask, we receive, if we seek we find and if we knock doors open up.

Pro 8:34 KJV

**Blessed is the man that hears me, watching daily
at my gates, waiting at the posts of my doors.**

Mat 7:7 KJV

**Ask, and it shall be given you; seek, and ye shall
find; knock, and it shall be opened unto you:**

It is good to get specific about our requests. Writing them down can help. Once a request is made the rest of the day is spent in thanksgiving over that specific request.

Forgive our sins

Daily maintenance is extremely important No matter what others do to us or what happens to us we are accountable for how we respond and react to it. Do we count it all joy or hold God in contempt? Do we get jealous of others or rejoice in their accomplishments? Do we envy or wish ill on others or do we wish others success? Are we Holding anger and bitterness towards someone? Do we self deprecate ourselves or do we

appreciate all that God has made us? If these negative things fester in our souls, we can become sick and weak. As the word tells us, we need to repent!

Jas 1:2 KJV

My brethren, count it all joy when ye fall into divers temptations;

Rom 12:15

Rejoice with them that do rejoice, and weep with them that weep.

Act 3:19

Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord;

Are we lusting or coveting others possessions or positions? We must take daily inventory. To say we do not sin makes us out to be liars.

1Jo 1:8

If we say that we have no sin, we deceive ourselves, and the truth is not in us.

We may not be full-time sinners any more, but we are not perfect. Yes we are saints, but we still do sin and we must repent. This is different than sin consciousness. We are not talking about that. We can go through all our days free of sin's dominion.

Rom 6:14 KJV

For sin shall not have dominion over you: for ye are not under the law, but under grace.

As we recognize who we are in Christ and learn to resist the Devil on every front sin will have no place in us. Yes, we are the righteousness of God in Christ.

Jas 4:7 KJV

Submit yourselves therefore to God. Resist the devil, and he will flee from you.

2Co 5:21

For he hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him.

As we pursue a life in the spirit we are under no condemnation. However, when we sin we have an advocate Jesus the righteous. If we confess our sins, He is faithful to forgive. We rise guilt free to serve the Lord with gladness.

Rom 8:1 KJV

There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

1Jo 1:9 KJV

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

If we have hurt someone we should be quick to make things right. We can't control whether people forgive us or not. We cannot force that on others. They may never speak to us again.

We must learn to discern the Lord's body
Discerning the Lord's Body.

Healing and forgiveness on three dimensions

1 Cor 11

1. We as individuals are members of the Body of Christ. How we care for ourselves can determine our health.

2. We collectively are the Body of Christ. We will be held accountable how we treat the members of Christ's body.

3. We must discern the actual body of Christ in communion. He was wounded for our transgressions.....

1 Cor 11:28-32 KJV

But let a man examine himself, and so let him eat of that bread, and drink of that cup. 29 For he that eats and drinks unworthily, eats and drinks damnation to himself, not discerning the Lord's body. 30 For this cause many are weak and sickly among you, and many sleep. 31 For if we would judge ourselves, we should not be judged. 32 But when we are judged, we are chastened of the Lord, that we should not be condemned with the world.

As we forgive those who sin against us

We are a forgiven people so we MUST forgive.

Mar 11:25

And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses.

Forgiveness is for giving and forgetting is for getting. We are told in scripture that unless we forgive we will not be forgiven. The way we handle forgiveness determines the success of our prayer life. Knowing this, we should do our due diligence in searching our hearts to see if we have any resentment, bitterness , envy or offense in our hearts. The Lord takes this very personal. He forgave while we were yet sinners. He stated on the cross “Father forgive them they do not know what they do”.

Luk 23:34 KJV

Then said Jesus, Father, forgive them; for they know not what they do. And they parted his raiment, and cast lots.

Without forgiveness we cannot have faith and without faith we cannot forgive.

Because of unresolved issues in the area of forgiveness, many are weak and sickly and many die prematurely. We need to forgive ourselves as well as others. We must not hold God in contempt either. We know that forgiveness does not give the offender a

free pass it releases us from the need to take vengeance or wish evil on others. Keeping these offenses produces harm to the body and reduces the ability of the body to heal. The whole immune system goes in to high alert as the body stuffs offense, bitterness and blame. Obesity, auto immune disease, arthritis, cancers of all sorts and a host of other illnesses evolve from this point. We need to have the fear of the Lord in this area and resist the temptation to hold offense. To hold bitterness, releases poison in our hormonal system that is the seed bed for disease.

Jas 3:14

But if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth.

The word bitter in greek is pē-kro's Strong's concordance G 4089

***a word to describe bitterness is virulent
This word means “a disease or poison”***

Our normal autoimmune system gets defected. Instead of attacking disease it attacks ourselves. Self hatred is a destroyer. Some cancers are due to unresolved issues spiritually and emotionally. The price is too high to hold a grudge and not forgive others or even ourselves.

Lead us away from temptation.

God is faithful not to allow us to be tempted above what we are able. He always provides a way of escape that we can bear it. We have a faithful High Priest who is touched with the feelings of our infirmities. He was tempted at every point as we are yet without sin. He can relate to us and has plead our case before heaven.

1Co 10:13 KJV

There is no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that you are able; but will with the temptation also make a way to escape, that you may be able to bear it.

Heb 2:18 KJV

For in that he himself has suffered being tempted, he is able to succour them that are tempted.

Heb 4:15 KJV

For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

Jesus has prayed for us in John 17 and said “not that you take them out of the world but that you keep them from the evil.” Scriptures teach us that we have not because we ask not. No need to be ashamed that you are tempted. We all are tempted in some way. Ask the Father to keep you from the hour of temptation. Jesus told His disciples to pray that they would not fall into temptation. A life of prayer is not an option for the Christian who seeks to live victoriously.

Jhn 17:15 KJV

I pray not that You should take them out of the world, but that You should keep them from the evil.

Luk 21:36 KJV

Watch therefore, and pray always, that you may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.

Deliver us from evil

You most likely know your weaknesses and there are vulnerabilities that you do not know about. God our Father will keep us and deliver us from all evil.

We need to call evil, evil and good, good. God is a good God and the devil is a bad devil. Poverty is evil with only evil consequences. It often leads to malnutrition then disease and even death. Fear of poverty causes men to do unspeakable things such as killing the innocent unborn to suicide. The love of money is the root of all kinds of evil. It stems from a spirit of poverty.

Disease is evil. There is nothing good in disease. We know that immoral behavior, fornication (sex with various unmarried partners often and numerous is immoral). Addiction to pornography is also evil. Adultery is not an affair but sin and produces death. It is evil. It causes death to relationships and health.. Fear, anxiety and stress if not confronted and left unchecked in our lives will lead to more evil. We need to be delivered from evil. While positionally Jesus has

delivered us from the power of darkness and translated us into the kingdom of the Son of His love, we still have to live in this world (cosmos) where Satan is the god. Jesus prayed for His disciples in John 17 that they would be kept from the evil. Yes we can live in this world and be kept from the evil in it. We need to confess our deliverance and ask for the Father to be true to his word answering Jesus' prayer and deliver us from the evil we face.

Jhn 17:15

I pray not that You should take them out of the world, but that You should keep them from the evil.

All too often, God's children deal with evil that they could have been delivered from or empowered to go through or rise above. Paul said out of them all God delivered me. Psalm 34 says He delivers us out of them all. Psalm 23 says we will fear no evil because He is with us.

2Ti 3:11

Persecutions, afflictions, which came unto me at Antioch, at Iconium, at Lystra; what persecutions I endured: but out of them all the Lord delivered me.

Psa 34:19

Many are the afflictions of the righteous: but the LORD delivers him out of them all.

Psa 23:4

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for You are with me; Your rod and Your staff they comfort me.

The Kingdom and the power and the glory are Yours now and forever amen

There is no better way to close your prayer time out than with worship, praise and thanksgiving. It is an act of faith to give thanks knowing God has heard our prayers and expect His intervention. We do not need to repeat the prayers over and over as if God is hard of hearing. While each day requires us to seek daily bread, we do not need to repeat the request over and over during the day. Expect God to answer!

We must believe that He is and that He is a rewarder to those who seek Him.

Mat 6:7 KJV

But when you pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.

Phl 4:6 KJV

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Heb 11:6 KJV

But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder to those who diligently seek Him.

A prayer for us

Heavenly Father I embrace your love for me. Your name is holy. You are my healer, provider, shepherd, ever-present, peace, and protector. Your kingdom order come to my life. Your will be done in my life. This includes my faith, family, friendships, fitness and finances. Give me today the bread of your presence, your power and your provision. Grant me wisdom for every aspect of my life. Forgive my sins (confess what the Holy spirit brings to mind if any) as I forgive those who have have sinned against me; my forefathers, friends authorities, spouse, coworkers, neighbors, children or myself. Lead me away from temptation (those areas of weakness in my life). Deliver me from the evil of this present age. (doubt, divisiveness, addictions, disease, disorder and demonic oppression in Jesus name I am free and command every evil force to back off my life and my loved ones in Jesus' name.)